



# SPRING Training starts NOW!



## JOIN US BY REGISTERING ONLINE

<https://alsal2804016.sportssignup.com/>

Adirondack Lynx/FC Adirondack Fee Breakdown	U8	U10	U12	U13	U14/U15	U16/U17	U18
2013 - 2014 Yearly Academy Fees (Boys and Girls)*	\$500	\$650	\$750	750	\$900	\$900	\$700
US Club Soccer registration team fee	x	x	x	x	x	x	x
US Club Soccer Player registration Fee	x	x	x	x	x	x	x
Spring/Fall/Winter NCDL League Fees	x	x	x	x	x	x	x
Spring/Fall/Winter NCDL Referee Fees	x	x	x	x	x	x	x
Online Registration and Credit Processing Fees	x	x	x	x	x	x	x
Club Equipment Costs (Balls, Cones, Vests, etc.)	x	x	x	x	x	x	x
Website Fees	x	x	x	x	x	x	x
Coaching Fees	x	x	x	x	x	x	x
Goalkeeper Training Fees		x	x	x	x	x	x
Chase Sports Indoor Rental Time (Nov. - March)	x	x	x	x	x	x	x
Speed/Agility/Quickness Training (Dec-March)		x	x	x	x	x	x
Administrative Expenses	x	x	x	x	x	x	x
Office Expenses	x	x	x	x	x	x	x
CDYSL Fees	TBA	TBA	TBA	TBA			

New Player Uniform Cost (not Included in Academy Fee) \$35 \$80 \$80 \$80 \$80 \$80 \$80

- Warm-up Tee, Training Top, Game Top, Shorts, Sox

*Uniform Fee will be waived if at the time of registration Complete Yearly Payment is made.*

Returning Players can wear the same gear for 2013-14

### \* 3 Payment Options:

1) Per Season							
* Fall (Sept/Oct)	50	110	130				150
* Winter (Nov./Dec./Jan/Feb)	325	360	390	450	475	475	425
* Spring (March/April/May/June)	150	210	260	350	475	475	175

2) Complete Year (Discounted for paying entire year)	500	650	750	750	900	900	700
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3) Monthly	\$55/Mo.	\$70/Mo.	\$80/Mo.	\$100/Mo.	\$120/Mo.	\$120/Mo.	\$75/Mo.
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Actual Yearly Player Breakdown Cost/Training Session \$5.25 \$5.41 \$6.25 \$7.91 \$9.58 \$9.58 \$7.50

## SAVE THE DATE

**Friday February 28 7:30-9pm**

Dress Comfortably and join us for a "light" workout and relaxation session with the newest members of our Training Team. Greg, Teri and Herman will allow you to sample the experience that we will be providing to our Lynx/FC players this spring.

Afterwards, mingle with the other parents and soccer trainers over some Red Wine/Killian's Red and some tasty hors d'oeuvres.



## QUESTIONS?

PJ Motsiff, Owner/General Manager

518-466-0534

[gm@adirondacklynx.com](mailto:gm@adirondacklynx.com)

<http://www.adirondacklynx.com/>

## Norwich City - England

Over February Break Mike Shaver, our U15/17 Boys trainer and Glens Falls Varsity coach visited England with his JV coach. They had a great opportunity to reconnect with the coaches that come to the U.S.A. each summer to work for Lake Placid Soccer Camps.

